CHANGING LIVES THROUGH CHANGING TIMES

For more than 134 years, FCA has stepped up to provide help and hope to our neighbors in need. In 2018, we identified emerging concerns and responded with new programs which were specifically designed to improve the social health of our region.

Together, we make Long Island a better place to live, work and raise a family.

NEW PROGRAMS ADDED IN 2018:

Community Credible Messengers Initiative
Provides at-risk youth ages 14-18 years old who have been in detention or placement and discharged home to their communities with career readiness assessments, planning, vocational training and internships enabling them to acquire the skills they need to successfully re-enter the community and avoid gang life.

Open Access
A bi-county initiative, Open Access LI addresses the needs of individuals seeking help with substance misuse by offering extended hours for treatment support throughout crisis response, screening, brief intervention and referrals to extended treatment. FCA’s Open Access center is co-located within our Hicksville Family Treatment & Recovery Center, providing a continuum of services and care.

Smart Observant Seniors
Provides outreach, education and supportive counseling to prevent and remediate the negative impact of financial fraud, scams and elder abuse including financial exploitation.

Step Up 2 Opportunity
This NYS Department of Labor-supported initiative allows us to help young people from at-risk communities acquire skills/abilities they need to find and maintain competitive employment.

SHERPA Program
A collaborative initiative that brings peer and family advocates onsite into local hospitals to meet with individuals who have entered through the Emergency Room as a result of substance use. Our trained advocates engage with individuals on a peer level, helping them navigate available resources, treatment and support services.

Family First
A sliding scale psychotherapy practice focused on helping families, couples and individuals strategize towards a more connected, resilient and stable family life.

Hempstead Ladders to Success
Through tutoring, test preparation and college readiness support services, Hempstead Ladders to Success prepares Hempstead High School students to attain the placement test scores they need to avoid remedial classes and immediately access credit-bearing classes at Nassau Community College.
### A New Chapter in FCA’s History

Family & Children’s Association (FCA) has impacted the lives of countless Long Islanders since 1884. While our organization’s name has evolved over time, the exemplary care we provided remained the same. We continue to carry out our mission to protect and strengthen Long Island’s most vulnerable children, seniors, families, and communities. Together, our dedicated staff help individuals and families build better, healthier lives!

### 432 Volunteers

Across our many programs visited lonely seniors, mentored kids, planted gardens and are committed to improving well-being of Long Island by improving the lives of the many families we serve.

### 591 Youths Helped

The risk for runaway, homeless, foster care youth runs high - these young people are more likely than their peers to drop out of school, misuse drugs and alcohol, become victims of sex trafficking and experience extreme hardships as adults. In 2018, we helped 591 of these vulnerable young people prepare for independent living.

### 53 Students

FCA put 53 students on the path to academic success by matching them with donors who provided a total of $100,000 in scholarship funds to create hope and opportunity.

### 213 Children and Families

Strong families provide children with the safety and stability they need to grow. In 2018, FCA offered support and parenting skill building to 213 children and families across Long Island.

### 7,639 Seniors

In 2018, FCA provided support and services to 7,639 seniors, enabling them to remain safely in their own home improving the overall quality of life. Seniors make a difference in their communities. They are resilient and with a little support can continue to thrive, remain active and independent. We reached an additional 7,293 seniors at outreach events educating them on financial abuse, health insurance counseling and community resources.

### Over 8,000 Hours

Over 8,000 hours of volunteer service provided across 69 nursing home/assisted living facilities reaching 147 seniors. Of the 181 complaints received, including complaints related to abuse, exploitation, general safety and unresponsive staff, 80% of complaints were successfully resolved to the satisfaction of the resident or complainant.

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**Ombudservice** is funded by the Office for the Aging Nassau County (NCOFA) and regulated by the New York State Office for the Aging.
FROM THE CEO

FCA believes in the promise of Long Island - a place where no child, senior, family or community is left to struggle alone with barriers to health care, education, employment or economic prosperity. Long Island remains a great place to live, work and raise a family; FCA works hard to ensure that be the case for all. While our organization’s name has evolved since our birth in 1884, the exemplary love and care we provide remains the same, as we carry out our mission to protect and strengthen Long Island’s most vulnerable children, seniors, families, and communities.

I’m especially proud that FCA continues to evolve and you’ll see that in 2018, we prioritized our region’s most emergent challenges: the heroin/opioid crisis, gang violence, and significant growth in our region's senior population. In 2019 we'll extend those efforts, working harder than ever before, and changing lives in ways some never believed possible. We knew all along that it was possible.

Dr. Jeffrey Reynolds, PhD, SAP, CEAP
President / CEO