



*Giving
Help &
Hope*

Family & Children's



*Celebrating
128 Years of Caring*

2012 Stewardship Report

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OUR MISSION *Protect & Stengthen*

*Long Island's most vulnerable children, seniors,
families and communities.*

*Family & Children's offers assistance to those
who are experiencing social, emotional and economic challenges.*



IN 2012, FAMILY & CHILDREN'S IMPROVED THE LIVES OF
NEARLY 25,000 PEOPLE.



A Community of Caring on Long Island



Family & Children's received \$10,000 in goods from IKEA that helped beautify Nassau Haven, Walkabout and our Veterans Residence. In addition, designers from the Design Cartel beautified Nassau Haven's common areas making it a real home for youth in crisis. Together, they created a space where youth could rest and rebuild their lives.



*Special thanks to Kravet Fabrics
for their generous donation to this effort.*

Dear Friends of FCA,

On behalf of the Board of Trustees, dedicated staff and loyal volunteers, we are proud to present you with our annual report for 2012. In 2012, we served nearly 25,000 individuals through community-based and residential programs designed to give help and hope to those struggling with social, financial, emotional or psychological challenges. Many of those we serve are poor or working poor families struggling to live in one of our nation's most expensive areas.

A 2010 study for the New York State Self-Sufficiency Standard Steering Committee showed that a family of four needed \$78,476 a year to make ends meet on Long Island. Yet, the national annual poverty threshold is set at \$23,050 for a family of four leaving as many as four in ten households on Long Island unable to afford necessities like shelter, food and clothing. A disparity as large as this makes it clear why Family & Children's Association plays such a vital role in the lives of Long Islanders in need; we are here to support and serve the most vulnerable among us.

We endeavor to provide our clients the services and counseling necessary to give them a hand up to a better future. We could not be successful without the members of our *community of caring*: our Board of Trustees, staff, supporters, donors and volunteers. It takes the best in each of us to bring about the best for all of us. Thank you for caring enough to walk alongside us in our mission to protect and strengthen Long Island's most vulnerable children, seniors, families and communities.

Sincerely,



Philip M. Mickulas
President/CEO



Drew Crowley
Chairman,
Board of Trustees

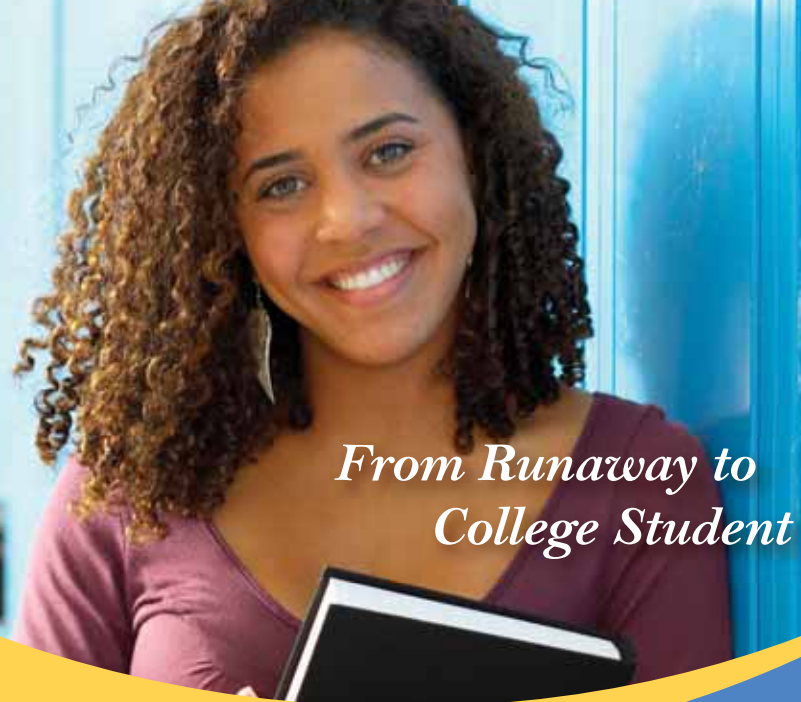
WHO WE HELP



Giving Help & Hope

Our goals are to: Invest in Children & Youth; Build Family Success; Help Neighbors in Need; Provide Shelter and Strengthen Communities by offering educational enrichment, counseling, support services and housing to our most vulnerable neighbors including:

- RUNAWAY TEENS
- HOMELESS YOUTH
- AT-RISK STUDENTS
- VETERANS
- STRUGGLING FAMILIES
- VULNERABLE SENIORS
- YOUTH IN FOSTER CARE
- POOR & WORKING POOR FAMILIES
- HIGH RISK COMMUNITIES



From Runaway to College Student

My mom and I didn't see eye to eye and I often got kicked out of the house. After a while I stopped going home, ran away and ended up in your shelter known as Nassau Haven. Upon returning home, my mom requested that I be involved in Person in Need of Supervision (PINS) Diversion services.

Once in your PINS Diversion program, I had to complete several weekly assignments one of which asked me to think about the people I've hurt and it made me realize that I'm not the person I thought I was. Today, I've learned to think about my actions and how they will affect not only me but those around me. Because of this, I have been doing a lot better in and outside of school. I'm glad that I had a chance to be in this program because it helped me become a better person and make better decisions.

On the Brink of Homelessness



Newsday reported that "...nearly 2,500 individuals including 590 families lived in Long Island's homeless shelters as 2012 began" (New Face of LI's Homeless/Newsday 5/7/12). I was almost one of them. I had to move suddenly and had no savings or emergency fund; no family to turn to for help. I went to the Department of Social Services but they denied my application because my income was slightly over their requirements. Thankfully, you provided my first month's rent, information for a job fair and a referral to a food pantry. You saved me from becoming homeless and I'm extremely grateful.



Client helped through our Direct Client Relief program funded through Newsday Charities.

CHALLENGES & CHANGES



For more than 50 years Family & Children's offered outpatient mental health treatment services through clinics located in West Hempstead and Roosevelt. Many of the residents of these and neighboring communities who were in need of treatment found themselves uninsured or unable to afford services, and relied on Medicaid to cover the costs associated with this type of care. In recent years, Family & Children's heavily supplemented the cost of these services in order to meet the needs of our clients.

However, in 2010 the New York State Office of Mental Health and the U.S. Department of Health implemented a sharp reduction in the Medicaid reimbursement method and rates directly impacting our ability to offer these services. Our Board of Trustees, together with other community stakeholders, determined that it was no longer financially feasible to offer these services; the decision was made in late 2011 to close down both clinics by April 15, 2012. Every effort was made to ease the transition for clients to other providers, thereby ensuring continuity of care.

Building Hope Through Partnerships:

Triumph Structures and Capital One Bank

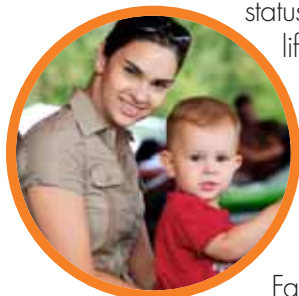


CREATING CHANGE IN THE COMMUNITY



STRENGTHENING FAMILIES

Research tells us, that there is no “system” more important than the family. Families come in all sizes and shapes and socio-economic backgrounds, yet the common thread that ties all families together despite hardship or economic status, is a parent’s wish for their children to have a better life than they did. Family & Children’s is often the first line of support to help a family break the cycle of poverty, abuse or neglect. Our families are taught coping skills and practical tools they can apply at home to improve their parenting - making the family stronger and the children healthier and happier.



Families struggling with various hardships find comfort, resources and support from our community-based programs such as Family Ties, Home & Community-Based Services, PINS Diversion, Family Mediation and other prevention programs. Additionally, our highly-trained staff link families to entitlement programs; advocate for children with physical or mental health disabilities – helping them to navigate complex bureaucratic systems; and, most importantly, support and encourage parents who may be isolated and overwhelmed.

In addition, we were also able to provide direct client relief to hard-hit individuals and families who were facing eviction, utility shut off or other difficulties that threatened their family’s stability. This year we provided such support to approximately 2300 families, giving them the resources to keep their family together. We also offered assistance to those confronting substance abuse addiction and spousal abuse, all in an effort to strengthen the family and keep children at home (when that alternative is deemed safe and feasible).

INVESTING IN EDUCATION

Many of the children we serve live in or around the Village of Hempstead, a community where for some students, just attending school every day may seem like an act of courage. The Hempstead School district is replete with challenges and controversies that make it especially difficult for many of the community’s children to succeed. Just two examples of a struggling school system that is not meeting the needs of the children in its educational care are the graduation rate at Hempstead High School - only 38% of its students graduate (the lowest on Long Island) - and the recent discovery that the district automatically “rounds up” failing grades to passing.

Still, Family and Children’s remains committed to helping children in the village learn and grow. Starting with our Nursery Co-op program for infants and toddlers that opened its doors in 1987 to our Scholarship Fund that has helped over 1,000 low-income youth prepare for college – disbursing more than \$1.2 million since 1986, we recognize that guidance, support and education are still the best antidotes to poverty.

Our goal is to offer children, youth and in some cases even adults, educational enrichment that will lead to self-confidence and self-improvement. Through out-of-school time programs, we supply homework help, cultural activities and opportunities for community service to challenge students to reach their full potential and become the best they can be both personally and academically. We contribute to the success of the entire family through our adult education programs that include ESL classes, parenting training, financial literacy and workshops in health and nutrition.



PROTECTING THE VULNERABLE

Over 28% of Nassau County's residents are over the age of 55 and we are proud to have been able to assist more than 7,800 seniors who live on their own or reside in adult, nursing or assisted living facilities. Our case managers enable many seniors to remain in their homes by providing support and referrals to available services, allowing them to keep their independence and enhance their quality of life. Our Ombudservice program is part of a national watchdog group that provides oversight for individuals living in senior care facilities, ensuring that their rights are preserved and that the care they receive meets their individual needs. We are able to provide expert guidance for those struggling to manage their healthcare insurance needs through our Health Insurance Information Counseling and Assistance program (HIIICAP), a source for free, current and impartial information, counseling and advocacy services. And, our Financial Counseling programs offer free advice on managing finances as well as reverse mortgages and bill paying assistance for those who can no longer handle the volume of paperwork necessary to manage their home and health.



We also support the efforts of youth living in foster care by providing a network of support services to ease their transition from foster care to independent living. We sponsor group activities that permit young people to share their experiences and learn from each other, as well as individual counseling and mentoring. Known as Project Independence, this is the only independent living skills program for children in foster care on Long Island, serving more than 250 young people. We bolster the confidence of these youth by providing gap scholarships to encourage attendance at college or trade school in an effort to make sure they succeed. Studies show that a high percentage of youth in foster care enter adulthood in severe economic hardship resulting in long-term un/underemployment and homelessness. We help transform their lives by being there when they need us most.

PROVIDING SHELTER

We provide shelter to very special individuals in five community-based residences: West Nassau Residence, Lakeview House, Veterans Residence, Nassau Haven and Walkabout. All of these individuals, ages 10 to 80, receive shelter, counseling and support services to address their individual needs so that they can transition successfully into the community. We offer independent living skills training, medication management, anger management and financial counseling giving them the tools they need to succeed. Upon entry, each resident develops a plan for returning to their families or communities making sure that they make the most of their time with us. We give them a hand up to the next step in their journey to self-sufficiency and independence.



Building a Better Life

Kevin is a pretty typical 13 year old boy: he likes baseball, plays piano and wishes he had a Rottweiler. What makes Kevin special is that he became part of our Home and Community Based Services (HCBS) program to help control his anger. Kevin has been diagnosed with Bipolar disorder and his mom felt that it was time for Kevin to get some help. According to Kevin, "slowly my anger retreated and I started to feel happier. I got along better with my brothers who were also doing skill building exercises to help them understand why I felt the way I did and how to cope with me." In addition to his success in school, Kevin joined the travel baseball team, became Student of the Month and is planning to become an architect.

FAMILY & CHILDREN'S ANNUAL REPORT



FISCAL YEAR ENDING
2012

INCOME

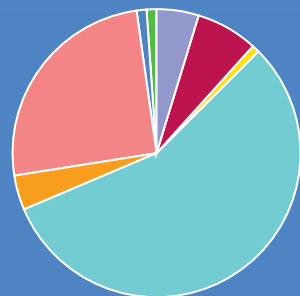
| | |
|---------------------|-------------------------|
| █ Fees | \$ 893,987.00 |
| █ Contributions | \$ 1,333,955.00 |
| █ Fundraising | \$ 205,795.00 |
| █ Government | \$ 11,050,039.00 |
| █ Investment | \$ 843,858.00 |
| █ Medicaid/Medicare | \$ 4,966,248.00 |
| █ Other | \$ 55,036.00 |
| █ Rental | \$ 76,396.00 |
| Grand Total | \$ 19,425,314.00 |

EXPENSES

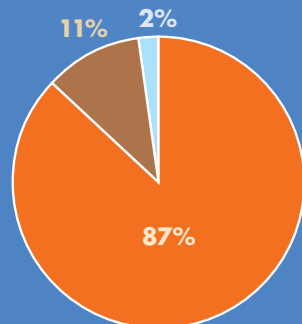
| | |
|------------------------------------|-------------------------|
| █ Program Services | \$ 17,356,933.00 |
| █ Management & General | \$ 2,222,130.00 |
| █ Fundraising Services | \$ 335,708.00 |
| Total Expenses | \$ 19,914,771.00 |
| Net Deficit from Operations | \$ (489,457.00) |

DISCONTINUANCE OF MENTAL HEALTH CLINIC OPERATIONS

| | |
|---|--------------------------|
| █ Loss From Discontinuance | \$ 2,440,954.00 |
| Net Deficit after Loss From Discontinuance | \$ (2,930,411.00) |



INCOME 2012



EXPENSES 2012

*Family & Children's Association
Gratefully Thanks
All Our Donors
Who Make Possible This
Community Of Caring.*



WITH GREAT APPRECIATION TO
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THANK YOU FOR CARING!

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Riley Family Foundation
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of our friend Teddy
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