



Move4Mom

Walk, Bike or Run in Honor of Mom

In Honor of The Those We Call "Mom"

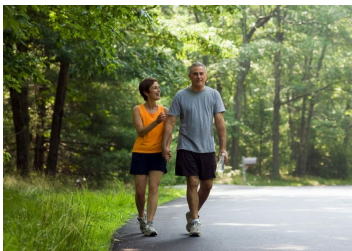
Please join FCA for our **Move4Mom** Mother's Day initiative!

Walk, bike or run in honor of the moms we can and cannot visit this Mother's Day, including seniors in nursing homes isolated by COVID-19 and moms who are working on the frontlines.

Please join us in staying active and helping others at the same time! Make a pledge to FCA and also your physical and mental wellness during these challenging times. All donations will benefit FCA so that we can continue to provide crucial services to Long Islanders in need.

Donate by simply texting
"move4mom" to 44321 or

DONATE HERE



Post your selfies! Tag @fca_daily on Facebook and Instagram using hashtag #move4mom so we can re-share your photos!



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