As we continue to navigate these challenging times with a brighter future on the horizon, FCA's Addiction Prevention, Treatment & Recovery Division forges forward providing essential services and support to those in need across Long Island.

With both fatal and nonfatal overdoses up in Nassau and Suffolk counties and increased drug and alcohol consumption during the pandemic, we have increased efforts to connect with those struggling with addiction, as well as their family and friends, encouraging the use of in-person and virtual supports. Together, we can navigate barriers to resources and start down a path to a successful future for all.

We would like to remind those in need that they are not alone. Learn more below about our range of services and how you or a loved one can connect with our team today.

Jaymie Kahn-Rapp, MPA, MSEd, LMHC, CRC
Assistant Vice President of Addiction Treatment and Recovery, FCA

In recognition of National Alcohol Awareness Month, FCA's Addiction Prevention, Treatment & Recovery programs would like to continue to spread the word and increase awareness on the dangers of alcohol consumption.

If you are concerned about a family member, friend, or yourself when it comes to alcohol-related habits, reach out to us today to learn more about our treatment services and resources.

#alcoholawarenessmonth #fcaaddictionpreventiontreatmentrecovery #fcacares #recoverycommunity #substanceusetreatment #substanceuseprevention #youarenotalone
THRIVE Recovery Centers provide recovery support via educational and support groups, sober social activities and events, and 1:1 recovery coach sessions for both families and individuals in recovery. Working collaboratively with the community we serve, all groups and services are developed based on needs and interests identified by our community members. Check out our calendar of events on Facebook and our website.

Coming soon! THRIVE is expanding the range of services provided and will be offering the following services in 2021:

- **THRIVE University**
  - Free education and training for Certified Recovery Peer Advocates who are new to and/or working in the field based on identified needs of CRPAs & community partners
  - Education & assistance with obtaining provisional and permanent certification for Certified Recovery Peer Advocates

- **THRIVE Housing**
  - Onsite recovery support for housing programs working with individuals new to recovery
  - Supportive services to assist residents in sustaining their recovery and to foster a living environment conducive to recovery

- **East End THRIVE:**
  - In partnership with HUGS, Inc., THRIVE will bring best practice recovery services to the East End of Long Island, providing recovery support to residents of the North and South Forks. A stakeholders meeting will be scheduled for May 2021 to kick off the development of these much needed services.
For more information on THRIVE or to connect with a Recovery Coach, please call (631)822-3396 (Suffolk County) or (516)765-7600 (Nassau County).

Sherpa

Sherpa offers crisis support to families and individuals at risk of overdose.

Working in collaboration with Catholic Health Systems, Sherpa Certified Recovery Peer Advocates offer support and assistance with navigating the various barriers to treatment, with a goal to successfully linking individuals to the service most appropriate for their needs.

For more information on Sherpa or to connect with a Recovery Coach, please call (516)592-7385.

Family Treatment & Recovery Centers

FCA's Family Treatment & Recovery Centers, OASAS-licensed outpatient substance use treatment programs, provide assistance and guidance to individuals with substance use disorders, as well as to family members, friends, and significant others.

The Family Treatment & Recovery Centers provide individual, group, and family counseling as well as medication management for psychiatric and substance use disorders. The program offers additional services including Peer Support, Care Coordination, and Vocational/Educational assistance.

Learn more here about our Adolescent & Young Adult Program!

Learn more here about our Bilingual Services!
Learn more here about our Telepsychiatry Support!

Learn more here about our Withdrawal Management & Medication Assisted Treatment!

To find out more about any of these services or to schedule an appointment, contact:

**Hempstead** (P) (516) 486 7200 (E) intakehempstead@fcali.org

**Hicksville** (P) (516)935 6858 (E) intakehicksville@fcali.org

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**Prevention Program**

Our **Prevention Services** provide 1:1 counseling to youth at risk of substance use disorder and youth groups focused on the development of coping and communication skills. Parenting support and educational groups are also provided, highlighting effective parenting styles and strategies.

We currently facilitate Active Parenting, Girls Circle, and Psychological First Aid groups.

To learn more about our Prevention services, contact Elizabeth Funghkee at efunghkee@fcali.org.
Our Addiction Prevention, Treatment & Recovery team invites you to learn more about what we do and to support our life-saving programs, especially during these unprecedented times.

Learn More  Donate

Follow us on social media to keep up to date on FCA news & events!

377 Oak Street, 5th Floor, Garden City, NY 11530
(516)746-0350
info@FCALI.org | FCALI.org