Greetings!

We hope this email finds you healthy and safe. Our Long Island family, friends and neighbors are what keep us focused on our mission and optimistic for a future on the other side of the current global crisis.

FCA's essential front-line workers continue to go above and beyond during the COVID-19 public health crisis. From collecting and distributing groceries and toiletries, to delivering medicine and providing mental health and support services by any means possible- our hardworking heroes are keeping clients comfortable, safe and hopeful.

FCA would like share a few uplifting stories with you during a time when they've been hard to come by. View some of our FCA heroes at work below. We hope you feel as inspired as we do by their tenacity and dedication.

Join FCA and our heroes in this fight. Your donations are greatly appreciated!

With Gratitude,

Your Friends at FCA

You can be a hero, too. Help change someone's life today.

DONATE

See How FCA Has Been Supporting Long Island's Most Vulnerable During the COVID-19 Crisis
Andrea K., *Walkabout for Young Men & Women Program Coordinator*, spearheading efforts to keep her residents on track physically, emotionally, intellectually, and spiritually during these unprecedented circumstances.

The FCA Operations team gives a hand distributing shelf-stable food items to those in need across FCA’s five divisions.

FCA *Addiction Prevention, Treatment & Recovery* programs go virtual and stay connected to clients, reminding them that no one is alone in this fight.

Sheltering in place takes on a whole new meaning for homeless youth, but FCA Residential Services staff have provided these young men and women with a home where they can feel safe and have structure.

Emily H., *Family Center Respite Worker*, and others like her in the *Children’s Mental Health & Wellness Division* have determinedly come up with solutions to support families while they are faced with new challenges to caring for a child with serious emotional disturbances.

The FCA Resource Development team collected Chromebook laptop donations to allow our residential program youth to continue with their schooling in this challenging new virtual environment.

FCA staff continue to deliver items to isolated seniors and other vulnerable individuals throughout Long Island communities so they can remain safely in their homes.

Nancy C., *Senior Grant Writer*, generously sewed and donated face masks to FCA Residential Program clients and staff.

Nakita H., *Nassau Haven Emergency Shelter Street & Community Transition Coach*, works tirelessly to preserve a sense of comfort and normalcy for runaway and homeless youth.
Sarah C., *Lakeview House Program Coordinator*, working across multiple residential locations in order to provide around-the-clock care for youth residents.

Robert W., *Walkabout for Young Men & Women Transition Coach*, diligently working to promote health and safety among residents while dealing with the challenges of running a youth shelter.