FCA would like to welcome aboard Shari Lubeck, AVP, Children’s Mental Health & Wellness!

Shari joins the FCA team as a New York State licensed LCSW-R. Shari has over 20 years of experience in program development and oversight.

The new AVP has dedicated her career to passionately working with families and children on Long Island to increase access to quality service provisions. To learn more about the latest addition to FCA's administration, [click here](#).

"I am looking forward to working with the team at FCA! I am committed to the continued development and expansion of programming that ensures families and children on Long Island access to quality service provisions delivered in flexible settings that focus on meeting individualized needs", stated Shari.
Client Spotlight

Victoria, a 14-year-old youth residing in Nassau County, has been enrolled in FCA’s Care Management program since February 2020. She was referred to the program by her therapist due to a lack of self-esteem, depressive episodes, social anxiety and to reduce her risk hospitalization. Since being enrolled in the program, V.D. has made many improvements regarding her mental health.

Her goals in the program included increasing her socialization, increasing her self-esteem, attending therapy, and taking her medication regularly. Read more here on how FCA’s CMHW services have changed the life of this local youth.

National Social Workers Month

In recognition of National Social Workers Month, we look back at not only the work done by social workers during March but all year long.

FCA recognizes the dedication and work of social workers everywhere. We celebrate that fact that every day, social workers act as leaders, advocates, and champions who make our world a better place to live.
Thank a social worker today!

#SocialWorkMonth
#SocialWorksEssential
#EssentialSocialWorker
#SWMonth
#NASW #socialwork #socialworker
#ThankASocialWorker

Mark Your Calendar

Access VR Presentation

Wednesday, April 14 | 6:30-8:00pm
Via Zoom

RSVP to EventsRSVP@FCALI.org to receive Zoom invitation.

Click here to view flyer!

Mental Wellness & Self Care

Monday, April 19 | 7-8pm
Via Zoom

RSVP to EventsRSVP@FCALI.org to receive Zoom invitation.

Click here to view flyer!

60-Minute Mindful Lunch Break

April 16 & April 23 | 12:30-1:30pm
Via Zoom

RSVP to EventsRSVP@FCALI.org to receive Zoom invitation.

Click here to view flyer!
Spring Fun Family Paint Night

Monday, April 26 | 6:30-8:00pm
Via Zoom

RSVP to EventsRSVP@FCALI.org to receive Zoom invitation.
Click here to view flyer!

Family Advisory Council

Friday, April 30 | 1:15-2:15pm
Via Zoom

RSVP to EventsRSVP@FCALI.org to receive Zoom invitation.
Click here to view flyer!

Parent Support Group

Every Tuesday 6:30 - 8:00pm
Via Zoom

Coffee Break Group
Second & Fourth Wednesday Each Month
10:00 - 11:30am
Via Zoom

RSVP to EventsRSVP@FCALI.org to receive Zoom invitation.
Click here to view flyer!

Active Parenting of Teens

April 1, 8, 15, & 22
6:30 - 8:30pm
Via Zoom

RSVP to EventsRSVP@FCALI.org to receive Zoom invitation.
Click here to view flyer!
Did You Know

You can support FCA when you shop on Amazon!

Simply designate FCA as your charity of choice through Amazon Smile & shop away!

Amazon will donate 0.5% of eligible purchases – no fees, no extra cost.

Our Children’s Mental Health & Wellness team invites you to learn more about what we do and to support our life-saving programs, especially during these unprecedented times.

Learn More  Donate

Follow us on social media to keep up to date on FCA news & events!

Facebook  Instagram  LinkedIn  YouTube  Twitter

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